

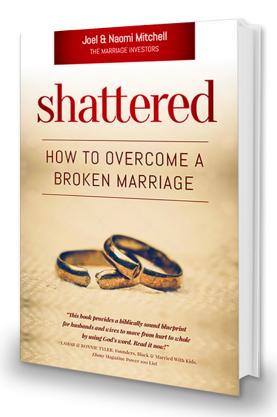
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shattered

HOW TO OVERCOME A BROKEN MARRIAGE

In *Shattered*, licensed ministers and relationship consultants, Joel and Naomi Mitchell zero in on the challenges that cause the small fractures in a marriage to become gaping cracks—leading to broken marriages.

This powerful, life-changing book focuses on the three major issues that lead to shattered marriages. Also known as "The Big Three", the authors identify these issues as: 1) a break down in communication,



2) a break down in intimacy, and, 3) a break down in trust.

Using a creative, biblically based approach to help couples resolve these concerns, the Mitchells share their own personal marital struggles and how they overcame them. The authors also incorporate theories that they've learned, as well as compelling stories of couples they have consulted over the years to illustrate how these issues can creep into a relationship. If left untended, these very same challenges can lead to the destruction of a once happy marriage.

Shattered provides couples with a proven process to help them pick up the pieces of their broken marriages, inspiration to help them reframe the vision for their lives, and hope for moving forward to a more fulfilling and enduring relationship.

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MARRIAGE AND RELATIONSHIP EXPERTS JOEL AND NAOMI MITCHELL RELEASE POWERFUL NEW BOOK TO HELP COUPLES OVERCOME A BROKEN MARRIAGES

CHICAGO, IL — In the U.S., a divorce takes place approximately every 36 seconds. That amounts to approximately 876,000 divorces a year. The numbers are even more dire for second and third marriages with 60% and 73% respectively of those unions ending in divorce.* Marriage and relationship experts Joel and Naomi Mitchell have written a new book to help make a dent in those numbers. In their powerful book Shattered: How to Overcome a Broken Marriage, the Mitchells identify "The Big Three" issues that lead to broken marriages: a breakdown in communication, a breakdown in intimacy, and a breakdown of trust. In Shattered, they offer troubled

couples a proven strategy to overcome these issues and build healthy, thriving marriages.

As licensed ministers and seasoned consultants, the authors have discovered that addressing issues while in their infancy will increase the chances of saving a marriage. They found that couples work hard on their finances, their education and their careers, but are often not equipped with the right tools to work on their marriages. Shattered offers couples a proven process, to help them pick up the pieces of their lives and broken relationships, reframe their shared vision of a life together, and move forward to a more fulfilling marriage and stronger foundation. The book gives hope to couples who may be struggling in a broken marriage and

couples who are interested in learning the principles to help "shatter-proof" their marriage.

"My greatest hope is that couples will not only be inspired by our book but that they would also be able to utilize the tools we've shared, including our personal testimonies, composite stories of couples that we've counseled over the years, and theories that have

Lamar and Ronnie Tyler—founders of Black and Married with Kids, the web's most popular destination for guidance on African

American marriage and parenting—shared:

literally saved our marriage," said Naomi.

"Shattered teaches couples how to create a brand new relationship from the pieces of a broken one. This book provides a biblically sound blueprint for husbands and wives to move from hurt to healed using God's word as the foundation and the Mitchells' sage

wisdom for insight and inspiration. This is a must read!"

About Joel and Naomi Mitchell: Having invested more than twenty years as husband and wife, Joel and Naomi have developed a passion for married couples and families who need help restoring their relationships. They founded The Marriage Investors, LLC,

where they provide marriage consulting and coaching services.

* Source: McKinley Irvin Family Law Center

For more information, visit www.TheMarriageInvestors.com.

Shattered: How to Overcome a Broken Marriage

Joel and Naomi Mitchell | The Marriage Investors | Paperback | \$19.99 | ISBN: 978-1-943343-82

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JOEL AND NAOMI MITCHELL are the founders of The Marriage Investors, LLC, where they provide relationship consulting and coaching. They have shared 21 years of marriage. Together they have three children, 20-year-old twin boys Jasper Caleb & Jacobi Israel, one 18-year-old daughter, Sidni Joi, and a very rambunctious 9-year-old golden retriever, Maximillion Nicholas Mitchell. Having overcome their own personal marital challenges, they have a passion for working with individuals, couples and families to restore wholeness by healing brokenness. This experienced couple believes that with the right tools and support, marriages can be restored and individuals can live on purpose, with passion and promise.

REV. DR. JOEL MITCHELL is an ordained and license minister who has worked in social service for over 25 years. During this time, he's worked with youth-in-care, at-risk teens, and individuals impacted by mental illness and HIV/ AIDS. Dr. Mitchell served for over 15 years as Deputy Commissioner with the Chicago Department of Family and Support Services, Human Services, and Workforce Service Divisions.

of the few organizations in the nation that provides services for boys and young men who are victims of sex trafficking and commercial sexual exploitation. Reverend Mitchell earned a Bachelor of Arts in Communication and Human Relations from Western Illinois University and a Master of Divinity from McCormick Theological Seminary. In 2018 he earned his Doctor of Ministry in Pastoral Care and Counseling from Chicago Theological Seminary.

REV. DR. NAOMI MITCHELL is a licensed minister with a heart for wholeness, wellness, and well-being. In addition to a broad range of counseling expertise, she has extensive experience in preaching, pastoral care, bereavement, marriage, eating disorders, self-esteem, social adjustment, job loss, depression, trauma-informed care, & anxiety. Dr. Naomi earned a Bachelor of Science in Food and Nutrition from Southern Illinois University, as well as a Master of Divinity & Master of Arts in Pastoral Care and Counseling from Garrett Evangelical Theological Seminary. In May 2021, she earned a Doctor of Ministry Degree in Homiletics from the Association of Chicago Theological Schools. Dr. Mitchell is a Certified Prepare & Enrich Counselor, an Approved Gottman Institute Couple's Checkup Advisor, and holds an advanced Self Psychology and Religion certificate from the Center for Religion and Psychotherapy of Chicago.